



Prayer
for a fruitful
Future

Dear Heavenly
Father, as we
continue to walk in
the path you have set
before us. We ask
that you grant us a
fruitful future. For we
know that we are
your chosen and
favored children.
Remembering that all
good things are from
you and having faith
that we can get
through all things
with you. In Jesus
name we pray,
Amen.

Dear Parents,

I wanted to reach out in the hopes I can provide you with a little more educational information on Covid. I know we have had some questions as to why kids have to quarantine even though their child had a negative test and I wanted to make sure I put out a thorough explanation for why we use a 14 day quarantine. Our Covid team at the Arch is top notch and they dissect every case we present so they can make the most informed decisions that will keep our entire population safe.

When you take a Covid test it is only telling you that you are negative that day, but not necessarily 100% negative (keep in mind all situations may differ). That is the scary thing with this virus and that is the reasoning behind the 14 day quarantine. When the virus first enters your body, the viral levels are very low, typically too low for a Covid test to pick up. This is why the Arch recommends a Covid test in the 5-9 day time after exposure. As time passes the virus replicates which is why you may test on Day 3 and get a negative and then test on Day 9 and get a positive. After the 14th day from exposure, the CDC determines a person is safe to be removed from quarantine.

I also wanted to share symptoms that have been reported and have come up positive with family members. Due to this list, we have to be precautious with everything.

- Slight headache..... positive
- Just a runny nose.....positive
- Only a sore throat.....positive
- Slight fever.....positive
- Direct contact but no symptoms.....positive

We find the bright light in all!! Our first quarantined room allowed us to troubleshoot so we are even more prepared for all situations. I will take that as our blessing in disguise.

Stay healthy,

Mrs. Nitsche

ADORATION

Join us on Tuesday, November 17 for St. Cajetan's Monthly Day of Adoration. Enjoy your time with our Lord. Click the link for a brief story and some thoughts on Adoration. <https://lifeteen.com/blog/a-beginners-guide-to-adoration/>

DINE OUT NIGHT VOLUNTEERS

Parents- we are looking for your help! Typically our teachers run our Dine-Out Nights but this year they have a load on their plate. Since we are not asking any parents to commit to set volunteer hours, we were hoping we could get 10-12 parents to step us and help us with this. The process is actually quite simple and just needs a few man hours from beginning to end and you would only be committing to ONE night. Please email info@cajetan.org and put Dine-Out in the subject of the email if you would be willing to help out here.. These nights make us over \$6,000 for the year and since we have minimal fundraising opportunities, the profits would be helpful right now. Thank you!

DRESS DOWN DAY ~ NOVEMBER 4

Students can support Special Olympics Chicago by bringing in \$2 and wearing red on Wednesday, November 4.

FROM THE CARDINAL:

We are now entering flu season. Please review this [VIDEO](#) from Cardinal Cupich about flu season. In addition, here is a letter from cardinal in [English](#)

HALLOWEEN

We will be celebrating Halloween on Friday, October 30. Students **cannot** bring in any treats. All kids can dress up but no face painting or accessories. Masks still need to be worn. Students also have the option to dress in orange and black if they don't want to wear a costume. You should be receiving specific details from your child's teacher today or tomorrow.



HOODIE/UNIFORM

Now that the temperature is dropping a bit, the kids may need a sweater to wear in school. We have several styles available at the School R Us on 111th Street. We will also allow the new Finley sweatshirts to be worn this year. If your child is wearing any other type of hoodie or sweatshirt, they will be asked to take it off.

MASKS FOR SALE- \$10

With the generous help of one of our very talented parents, we will be selling St. Cajetan masks. We have both adult and child sizes. This is first come first serve. If you would like to purchase one please send in an envelope with the money, your name on the front, how many you need, the size (adult or child) and your eldest child's room number. Your child will then give that envelope to their teacher. We look forward to seeing all of our "SC" faces around!!



QUEEN OF HEARTS RAFFLE

Unfortunately due to Covid restrictions our Queen of Hearts Raffle has been suspended. We will let you know when the queen returns.

TEACHER RESIGNATION

Unfortunately we had a sudden teacher resignation in our Jr. High on Saturday. Please read the attached [letter](#) for details.

UPDATE YOUR CONTACT INFORMATION~ PLEASE EDIT IN POWERSCHOOL

If your address, phone, or emergency contacts change, anytime during the year, please update this information as soon as possible in PowerSchool. Contact Jane Collins jcollins@cajetan.org if you need help gaining access to your child's account. Go to your child's page at <https://archchicago.powerschool.com/public/>

- In the column on the left, scroll down and click on "Re-Registration" It will ask you if you want to make changes- click "edit"
- Review all information and make changes if applicable. Scroll down to the bottom of the page and click **submit**

YOUNG AUTHORS ~ New to St. Cajetan!!!

To all the great writers in our school...this is your time to shine! Please read the attached [flyer](#).

Your Topic:

Write a letter to your future children about what it was like to be a kid living through the great pandemic of 2020. How did it feel? What kind of experiences did you have? What did you learn?

1st Prize = \$100 Cash

2nd Prize = \$50 Gift Card to Bookies

3rd Prize = St. Cajetan Swag Bag

The essay contest is open to all students in grades 4th - 8th. Students must enter the contest by Wednesday, November 4th (the date on the flyer is incorrect). Final essays must be submitted by Friday, November 20. Join the [St. Cajetan Young Authors](#) Google Classroom and enter Class code [t3dmupr](#) for all the details and to sign up for this essay contest today!

SICKNESS POLICY:

Sibling Policy:

If a child in your home has Covid like symptoms or is being tested for Covid, all siblings must remain home until that child is cleared by the doctor.

Other:

1. A doctor's note is required for students who develop COVID-19-like symptoms but are diagnosed by a doctor or healthcare provider (e.g., nurse practitioner or physician's assistant) as having another illness (e.g. cold, flu, etc.). The student must have a note from the provider indicating a specific alternate diagnosis if the individual wants to return prior to a complete 10-day isolation. And the individual may not return until symptoms recede per provider's instructions. If the individual chooses not to get an alternate diagnosis confirmed in writing then the individual must meet the criteria for returning as if it is a COVID-19 positive case (see below).
2. A doctor's note is not required but the test results are for...
 - a. COVID-19 positive. For the individual to return to school he or she must have:
 - i. remained at home for 10 days,
 - ii. no fever for 24 hours (without medication), and
 - iii. a general reduction of other symptoms by 75% or more.
 - b. Sent home because of a single COVID-19-like symptom, but whose symptom dissipates within 24 hours. As per the [Reported Illness Actions and Questions Guidelines](#) these individuals may return to school if symptoms have dissipated and they have not been exposed to any sick individual. If symptoms have not dissipated within 24 hours see #1 above.



HIGH SCHOOL NEWS

[Brother Rice HS Bean Bag Tournament & Open House](#)

[Marist HS Admission Video](#)

[Marist HS Virtual Tour](#)

[Mother McAuley HS Fall Sports Clinics](#)

[Mother McAuley HS Mactoberfest](#)

[Mt. Carmel HS Honors Program Preview](#)



Mt. Carmel HS Private Tour
Mt. Carmel HS Prospective Mom's Shadow Day

St. Laurence HS Leader/Scholar Award flyer
St. Laurence HS Coffee & Conversation
St. Laurence HS Personal Tour Night
St. Laurence HS Virtual Open House
St. Laurence HS Get to Know St. Laurence
St. Laurence HS In Person Open House Registration

St. Rita HS Open House
St. Rita HS Admission Information

COMMUNITY NEWS

Chicago Public Library
Boy Scout flyer
Schoolbelles Overstock Sale flyer